

# Life in Christ

**LIFE IN CHRIST** is an acronym for: ***L**iving and **I**ntegrating **F**aith and **E**ducation **I**n **C**hastity, **H**ealthy **R**elationships, **I**ntimacy, **S**exuality and **T**heology.*

## **Parents and Staff:**

Our school is in the process of developing seminars or finding resources for parents and staff. One such resource is ***Turning the Titanic: Chastity Formation from Toddlers to Teens*** by Katrina Zeno (Our Father's Will Communications, 2005, DVD). This resource provides an excellent introduction to the topic of chastity formation. This is a series of four talks approximately 75 minutes each. The talks help parents to teach their kids about the Christian virtues, healthy relationships, and human sexuality in the context of the Catholic faith. Go to <http://ourfatherswillcommunications.com>.

## **Grades K-5:**

The program for the elementary level is in the developmental stage. Our committee is considering a program called the *New Corinthians Curriculum* which focuses on teaching the virtues. Principle Colleen Lecy is working with the Elementary teachers in order to determine how much of the material in the NCC is already being taught in the religion classes. N.B.: Fifth grade girls are invited to attend the *Mother/Daughter program* (see below).

## **Middle School:**

- a. The program *See, I Make All Things New* (by the Archdiocese of Boston) is presented to the seventh grade for three weeks at the beginning of the spring semester. This curriculum focuses on life, love and human sexuality. The eighth grade program develops these topics and discusses moral decision making. A parent meeting and DVD precede the student's classroom work. Individual student workbooks are required during the seventh grade program and cost \$13.
- b. *Mother/Daughter program (gr. 5-8) // Father/Son program (gr. 7-8) ..... October 28, 2009.* These annual events are separate gatherings – for mothers/daughters and for fathers/sons. The programs are designed to help parents and children understand the beauty of the human person in the light of faith. A female doctor speaks to mothers/daughters about the changes in a young woman's body as she prepares for adulthood, while a male doctor addresses similar issues for fathers/sons. Mothers and fathers speak about challenges that arise between parents and children during adolescence. High School seniors talk with the boys or girls in small groups about respect, values, responsibility, faith in God, etc.

## **Sophomores:**

- a. The chaplain and the religion teacher for sophomores meet with their parents during orientation in August. They view a DVD about the program *Theology of the Body for Teens* and introduce the text to them.
- b. The sophomores are taught the *Theology of the Body for Teens* during the first four weeks of school. There is a text for both parents and Students (Ascension Press, 2006). It has 12 chapters designed for classroom or small groups
- c. The sophomore retreat follows up on the topics covered in the curriculum outlined above.

## **Seniors:**

During the first semester, the seniors study the vocations of Marriage and Holy Orders. The curriculum includes: The Sacrament of Marriage, the Christian family, the Scriptures and Marriage, friendships and dating, Church teaching about procreation, contraception, NFP, abortion, homosexuality, etc.